

MAY 2024

Vinalhaven School

LUNCH



School Information:

5/27: Happy Memorial Day – No school
PB&J always available

***Honoring our class of 2024 graduates! ***



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chop suey **1**
Alt: yogurt meal
Green beans
fruit

Egg salad sandwich **2**
Alt: Turkey sandwich
Broccoli slaw
fruit

Meat pizza **3**
Alt: cheese pizza
Caesar salad
Fruit

Cheeseburger **6**
Alt: burger
Fries, beans
fruit

Mac and cheese **7**
Alt: cracker stacker
Peas
fruit

Grilled cheese & bacon **8**
Alt: grilled cheese
Tomato soup
fruit

Roasted turkey breast **9**
NO ALT
Mashed potato, corn
fruit
AUDREY'S DAY

Pepperoni pizza **10**
Alt: cheese pizza
Caesar salad
fruit

Chicken tenders **13**
Alt: yogurt meal
Fries, beans
fruit

Beef taco **14**
Alt: cracker stacker
Corn
fruit

Pulled chicken sandwich **15**
Alt: grilled cheese
Coleslaw, raw veggie
fruit

Bosco Sticks **16**
Alt: turkey sandwich
Tomato soup
fruit

Meatball pizza **17**
Alt: cheese pizza
Caesar salad
Fruit

Cheeseburger wrap **20**
Alt: yogurt meal
Fries, beans
fruit

KFC Bowl **21**
Alt: ham sandwich
Mashed potatoes, corn
fruit

Chicken burgers **22**
Alt: cracker stacker
Peas
fruit

Grilled cheese **23**
Alt: caprese sandwich
Tomato soup
fruit

White pizza **24**
Alt: cheese pizza
Caesar salad
Fruit
ISAIAH'S DAY

Memorial Day **27**
NO SCHOOL

Pulled Pork Sandwich **28**
Alt: yogurt meal
Fries, coleslaw
fruit

Baked potato bar **29**
Alt: turkey sandwich
Broccoli
fruit

Grilled cheese **30**
Alt: grilled cheese & bacon
baked beans
fruit

Veggie pizza **31**
Alt: cheese pizza
Caesar salad
fruit